



## WELLNESS WORD SEARCH!

R G U E W G A R R Y X D E P N  
 A K G S T H G I E W A G E M I  
 B E N T P N A R E S N G L I N  
 N D C A I E O E R U T S O P H  
 O L V N L C Y H L V W Q H Y M  
 I T N G A P N Z T I B E A P O  
 D U F N T L R U M A A H K P T  
 R S B I E C A M T W R E A F I  
 A P H K S C I B O R E A W O V  
 C Y C L I N G A A H I E M A A  
 T Z T A G N I N I A R T N Q T  
 Z D E W R U Z C E K E F I M I  
 C R R J H E C K P Z T M B O O  
 L H T L A E H Y D R A T I O N  
 L P S Q U A T J Q Q W V Q L U

AEROBICS  
 BALANCE  
 CARDIO  
 CORE  
 CYCLING

HEALTH  
 HYDRATION  
 LUNGE  
 MARATHON  
 MOTIVATION

NUTRITION  
 PILATES  
 PLANK  
 POSTURE  
 REST

RUNNING  
 SQUAT  
 STRETCH  
 SWIMMING  
 TRAINING

WALKING  
 WATER  
 WEIGHTS  
 YOGA  
 ZUMBA

**WORK IN PROGRESS** Thank you for your patience while we analyze the survey responses we collected about our fruit box customer communication. **We appreciate your input!**



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