

# THE FRUITGUYS®

## Donate-a-Crate Program

Fruit it forward! If your office is closed or minimally staffed over the holidays (or at any time of year), you can help those in need by forwarding your fruit box to a local charity. Thanks to your generosity, our **Donate-a-Crate** program feeds thousands each year.

You can choose from our list of recommended charities below, or let us know if there's a local nonprofit you'd like to support. Contact The FruitGuys' customer service team at [info@fruitguys.com](mailto:info@fruitguys.com) or **1-877-FRUIT-ME** (378-4863)—we're happy to arrange it!

No additional shipping charges apply within our standard delivery areas. Call us with any questions.

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### SAN FRANCISCO BAY AREA



**Project Open Hand™**  
meals with love

Founded in 1985, **Project Open Hand** is a nonprofit organization that provides meals with love to critically ill neighbors and seniors. Every day, the staff prepares 2,500 nutritious meals and provides 200 bags of healthy groceries to help sustain their clients as they battle serious illnesses, isolation, or the health challenges of aging.



**FAMILY HOUSE**

**Family House** is a 501(c) (3) not-for-profit organization providing temporary housing to families of seriously ill children receiving treatment at the University of California San Francisco Benioff Children's Hospital. Qualifying families live more than 50 miles from UCSF, and many live at or below the low-income status as determined by UCSF. Founded in 1981, Family House sustains nearly a 100% occupancy rate and can accommodate 250 people per night. Over the course of a year they serve more than 4,000 families.



[George Mark Children's House](#) is a nonprofit organization located in San Leandro, CA, that focuses on quality of life and continuity of care for children with illnesses that modern healthcare cannot yet cure, or for those who have chronic medical conditions.

## SEATTLE AREA



[FareStart](#) addresses homelessness, joblessness, poverty, and hunger by helping people transform their lives, create value for their community, and offer a way for everyone to play a role doing something that matters.

## SOUTHERN CALIFORNIA

LOS ANGELES REGIONAL



Fighting Hunger. Giving Hope.

Since 1973, the [Los Angeles Regional Food Bank](#) has distributed more than 1 billion pounds of food. It provides food to 300,000 people every month. In 2016, they distributed 55 million meals—that's more than 62 million pounds of food. Twenty percent of that food is fresh produce.



Serving the community since 1985

Since 1985, [AIDS Food Store Long Beach](#) has been committed to making sure that no one in the Long Beach area living with HIV/AIDS disabilities will ever be without food, love, and support.



[Feeding San Diego](#) (FSD) provides 26 million meals with dignity to San Diego residents facing hunger each year. FSD is building a hunger-free and healthy San Diego through innovative programs and collaborative partnerships.

## PHILADELPHIA AREA



Philabundance was created in 1984 with the simple belief that no man, woman, or child should go hungry. Their growth and eventual integration with the Philadelphia Food Bank in 2005 made Philabundance the region's largest hunger relief organization. They are now able to address hunger through direct service programs and a network of 500 member agencies, as well as contribute to a broad spectrum of social services through food cupboards, emergency kitchens, shelters, day care and senior centers, and beyond.

## WASHINGTON DC AREA



St. Vincent de Paul of Baltimore—Beans and Bread Center is a leading provider of community services to people suffering from the effects of hunger, homelessness, and poverty in Baltimore, Maryland. Each year, over 50,000 people are helped through comprehensive services that have a singular focus: To help build better futures for those who are struggling in poverty.

## BOSTON AREA



Rosie's Place was founded in 1974 as the first women's shelter in the United States. Their mission is to provide a safe and nurturing environment that helps poor and homeless women maintain their dignity, seek opportunity, and find security in their lives.



Lovin' Spoonfuls Food Rescue is the bridge between abundance and need, leading systemic change in hunger relief. They focus on fresh fruits and vegetables, lean proteins, and whole grains to help their beneficiaries to consistently provide their at-risk clients with healthy and wholesome meals.

## CHICAGO AREA



[BBF Family Services](#) works to improve the quality of life for North Lawndale youth and their families by providing safe, stable, and nurturing experiences that enhance social, emotional, academic, and career development.

## PHOENIX AREA



Founded in 1964, [UMOM](#) is the largest homeless shelter for families in Arizona. UMOM New Day Centers has been dedicated to helping homeless families in need of life's basic necessities. The face of homelessness in Phoenix has changed throughout the decades, and UMOM has risen to the challenge of providing food, clothing, and shelter to those in need since its inception. More importantly, UMOM provides families facing homelessness with the tools to succeed in moving forward, building a bridge to self-sufficiency.

## DENVER AREA



[We Don't Waste](#) is an innovative food provider for the hungry. They gather excess food and redistribute these healthy items to underserved populations in Denver and across the Front Range.

## DALLAS AREA



[Irving Cares](#) was first established in 1957 by a group of local citizens interested in the social welfare of those in need in their community. Today, they continue to provide human services to local residents in need.



[Forney Food Pantry](#) serves the Forney and Crandall, Texas, communities. The pantry serves an average of 189 families a month, which is an increase of nearly 50 percent from 2012.

## NEW YORK AREA



[St. Jude Children's Research Hospital](#) is leading the way the world understands, treats, and defeats childhood cancer and other life-threatening diseases. St. Jude's mission is to advance cures, and means of prevention, for pediatric catastrophic diseases through research and treatment. No child is denied treatment based on race, religion, or a family's ability to pay.



[Food Bank for New York City](#) has been working to end food poverty in our five boroughs for 35 years. As the city's largest hunger-relief organization, we employ a multifaceted approach centered on helping low-income New Yorkers overcome their circumstances and achieve greater independence.

## ATLANTA AREA



[Communities in Action \(CIA\)](#) is dedicated to addressing hunger, health, and quality of life by serving those in need. CIA provides a vital bridge between the sources of food supplies and places it directly into the hands of over 3000 families and individuals who need it every month.